## WORKSAFE A CAMBODIA

# **Confined Space & Basic Rescue Training**

#### COURSE CONTENT

Participants will receive training and coaching best international best practice to prepare them to apply and demonstrate those skill sets as part of the training process.

Participants will understand how to operate as part of a team with minimal supervision. They will be able to respond to a confined space rescue, carry out a risk assessment, undertake basic atmospheric testing, complete entry documentation, conduct non-entry or simple entry rescues and stabilize an incident whilst waiting for advanced technical assistance.

#### **ELEMENTS OF COMPETENCY**

- a) Identify company emergency response procedures.
- Understand confined space (CS) incident command and control.
- Understand CS SOP's and best practice.
- Recognize and identify types of CS and associated hazards.
- e) Understand hazard management of CS.
- f) Understand and demonstrate CS rescue procedures in all roles.
- g) Demonstrate competence in the use of CS PPE and rescue equipment.

#### COURSE DURATION

Two Full Consecutive Days (16 hours).

#### **PARTICIPANTS**

Min 5 Max 10.

#### **DESIGNED FOR**

Confined space workers and Emergency first responders.

#### **PRE-REQUISITES**

Work at Height Training. Basic SCBA training.

#### ASSESSMENT

Participants will demonstrate knowledge of the elements of competency during simulation-based exercises which would typically incorporate the facility's credible emergency scenarios.

Confirmation of their underpinning knowledge is also gathered through demonstrating skills during site-based exercises and drills.

#### CERTIFICATION

Upon successful completion of the course, participants will be issued with a CAM FIRESAFE certificate.

### **QUALITY ASSURANCE**

This course is designed using international best practice principles, which are in line with those used in countries such as Australia.

#### **DELIVERY METHOD**

Classroom based and practical training consisting of presentations, case studies and training exercises focusing on basic confined space rescue, applicable to the customer's workplace.

The course is delivered by suitably experienced and qualified trainers, who have years of hands on experience in their field.

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